



ALLERGY AWARENESS AND MANAGEMENT GUIDELINES

RATIONALE

- To provide a safe learning environment for all members of the Windermere Primary School community
- To raise the awareness of all members of the school community regarding the prevention and procedures related to severe allergies at the school

BACKGROUND

- Anaphylaxis, or anaphylactic shock, is a systemic allergic reaction that can be fatal within minutes; either through swelling that shuts off airways or through a dramatic drop in blood pressure

RISK MANAGEMENT

- Our allergy awareness includes food that contains nuts, sesame seeds, fish and egg white (meringues). This includes peanut paste, hummus, nutella, all nuts and cooking oil containing peanut oil, as well as foods containing nuts. Parents, staff and caregivers are requested to be allergy aware when sending food to school in lunch boxes and birthday celebrations
- Staff will maintain 'Allergy Aware' supervision of student eating times
- Students are discouraged from sharing food
- Students and staff to encourage washing of hands after eating
- The foods listed above as allergy aware products will not be included in food on special food days eg cakes, or in any cooking activities at school or on school excursions
- The Principal will obtain specific medical information from the family at the time of enrolling a student with a 'severe allergy' (eg an Anaphylaxis Action Plan being provided by a medical

practitioner). This will include a clear photo of the child and documentation of the allergic triggers. Anaphylaxis Action Plans are reviewed with parents at the beginning of each school year as part of the validation process.

EMERGENCY MANAGEMENT

- An Action Plan for Anaphylaxis completed by the student's medical practitioner is provided to the school by parents. The Action Plan should be in the national format developed by ASCIA.
- The school develops an individual Anaphylaxis Management Plan, documenting key allergy information
- Staff will follow the individual Management Plan provided for a child who presents with an Anaphylaxis reaction
- Staff to take Epipens, medications and medical plans on any excursions and swimming lessons. If the classroom teacher is not attending the event it is their responsibility to relay relevant information and medication to the attending staff member
- The treatment information poster will be displayed in the office and staffroom outlining the treatment system for anaphylaxis

EDUCATION AND PROMOTION

- Competency based training for relevant staff in emergency anaphylaxis management, including administration of auto injection devices (Epipens and Anapens). Relevant staff include Principal and First Aid Officer
- All staff participate in annual training in understanding and dealing with Anaphylaxis and use of Epipen and Anapen
- Parents and caregivers are informed of the Allergy Aware Guidelines through the newsletter at the beginning of each term
- New families to the school community being informed with enrolment information and through the school website
- Parents of Anaphylaxis student to ensure that their child understands the condition, the triggers and symptoms. The child also needs to know what to do if they believe they are having a reaction
- Staff, including relief and registered volunteers, be aware of specific students via photographs / information in staffroom, sickroom, office and individual class and relief folders

CANTEEN

- The canteen will comply with the Allergy Awareness and management guidelines.
- The canteen is run by a Canteen Manager and parent help.