



Wellbeing at Windermere Primary School



Loved and Safe



Learners have positive relationships and connections with others, feel safe in their learning environments, and are resilient to withstand life's challenges.

At WPS, we understand that students thrive when they have positive relationships with others and feel safe, secure and protected. We support students to feel loved and safe through our School Wide Positive Behaviour Supports, which provide students with routine and structure and reward them for making positive choices at school that reflect the Values of: Courage, Growth, Respect and Aspiration. The school's behaviour and consequence chart is used as a tool for students and staff to determine the severity of behaviours that are not in line with our school Values and determine the appropriate consequence.

Our Student Wellbeing Leaders provide students with a voice so that they have the ability to raise concerns and have these concerns addressed. Our School Nurse works with groups of students based on leading concerns within the student body. The current focus is on educating students about bullying.

School Wide Positive Behaviour Supports
Class Dojo
Visual Timetables
Routines
Values Education & We Statements
Values Certificates
Behaviour Consequence chart
Zones of Regulation
Wellbeing Leaders
Student Support and Wellbeing Team
Respectful Relationships (Tiered Program)
Bullying Education Campaign (school nurse)

Being Healthy



Learners have their physical, developmental, psychosocial and mental health needs met, with resources provided to support their growth.

WPS is a Move Well, Eat Well school. As such, we pride ourselves on our commitment to students' health and nutrition. Our canteen provides students with a range of nutritious meal options and, where possible, uses fresh produce from the school Kitchen/Garden program including tomatoes, lettuces and eggs. We place a strong focus on educating students about nutrition through the Kitchen/Garden Program and extend this education to the community by inviting them to the reflection and tasting part of kitchen lessons, as well as through the School Nurse's informative articles on health and nutrition in every newsletter. To support physical activity, all students at WPS participate in Daily PE, as well as their Physical Education Specialist lesson. Our Plan Your Play roster offers at least one physical option every lunchtime.

WPS is committed to ensuring all students have access to appropriate healthcare. Health concerns are referred to our Student Support and Wellbeing Team who then work in collaboration with parents to determine the most appropriate internal or external support based on the student's need.

Move Well, Eat Well
Daily PE
Silver Canteen Accreditation
Health Education segment in Newsletter by School Nurse
Kitchen Garden Program
Plan Your Play
Student Support and Wellbeing Team
School Psychologist
School Social Worker
School Speech Pathologist
Prep Speech Groups
Kinder Health Checks run by School Nurse
5/6 Interschool Sport (Netball & AFL)
Growing Up Program

Material Basics



Learners have materials to access and fully participate in education, and the resources to function well and actively engage.

WPS believes that all students have the right to access uniform, nutritious food and a range of educational experiences inside and outside the classroom. We, therefore, pride ourselves on providing low-cost excursions, incursions and camps, and a range of opportunities at school for students to enrich their learning. The school's 10-seater bus allows teachers to take small groups of students off site for educational activities as well as allowing our Launch into Learning students and their carers to participate in the Out and About program. As well having a second-hand uniform store and working with parents to support students to be in uniform, we are partnered with the Smith Family who provide further uniform support to families. WPS offers free breakfast for all students before school and has a Silver canteen accreditation with multiple healthy meal options for \$5 or less.

Breakfast Program
Silver Canteen Accreditation with budget lunch options
Kitchen Garden Program
Smith Family
Low-cost excursions/camps
Second-hand uniform store
School Bus

Learning



Learners have positive relationships and connections with others, feel safe in their learning environments, and are resilient to withstand life's challenges.

Learning is at the centre of all decisions made at WPS and positive wellbeing is integral to achieving optimal learning. To support students to be in the best mindset to learn, WPS explicitly teaches students how to regulate using the Zones of Regulation. Acknowledging that some students have experienced traumatic events in their past that affect their ability to regulate and learn, teachers at WPS utilise other trauma informed practices in addition to the Zones of Regulation, including whole class mindfulness and brain breaks, a focus on relationships and restorative practices, and the use of De-escalation Plans where needed. These strategies are paired with our School Wide Positive Behaviour Supports to ensure students are calm, content and ready to learn.

WPS provides a wide range of programs and strategies to support the diverse needs of students including Learning Plans, extension programs and literacy support programs. Students that require more individualised learning programs for their social emotional needs are referred to Student Support and Wellbeing Team who assign eligible students to a Tier 2 Support Group based on the student's individual need. These groups are reviewed frequently to ensure they are best supporting students to engage in classroom learning.

School Wide Positive Behaviour Supports
Trauma Informed Practices
Zones of Regulation
Tiered Support Programs
The Zone
Attendance AST/Attendance Process
Learning in Families Together
Learning Plans
Extension Programs
Yr 6 Transition
Reading Club
Story Island
Story Dog

Having a Positive Sense of Culture and Identity



Learners have a positive sense of identity and belonging, and are optimistic about their future and success in learning.

Students at WPS all deserve to feel they belong and that their culture is represented and supported. To enable this, WPS places significant value on creating a positive school culture. As well as activities and events led by our Wellbeing Leaders, WPS celebrates a number of cultural and community-based events that reflect our Values and the diversity of our families. As we believe that connecting to community and nature are both important elements of our school culture, we host a range of community-based programs for pre-school aged students and look for opportunities for our music students to give back by performing locally. Furthermore, all students have the opportunity to engage in nature-based learning through either our Nature Play program or Kitchen Garden Program. Not only do these programs allow students to feel connected to place, but they also provide opportunities for families to interact with their students' learning through the school Nature Play Expo, garden volunteer days and kitchen family tasting sessions. The school garden also hosts a First Nations Garden which has been established by Indigenous students within the school. This garden provides opportunities for students to learn about Aboriginal culture and also allows our Indigenous population to see their culture reflected in the school.

WPS works hard to support all students to have a positive sense of self-identity and self-esteem. In addition to having every Early Years student participate in the Ditto program and having a strong focus on identity and students' personal histories and cultures, our Student Support and Wellbeing Team assists individual students with identity and belonging support through our tiered support programs as well as through one-on-one support by the School Chaplain, School Social Worker and School Psychologist.

Nature Based Programs
Kitchen Garden Program (including Indigenous Garden)
Nature Play
Community Based Programs
Launch into Learning
Playgroup
Music Electives
Wellbeing Leaders
Student Voice
House Competition
Anti-bullying campaign
Cultural and Community-Based Events
NAIDOC Week
Anzac Day
Remembrance Day
Mother's/Father's Day
Student Support and Wellbeing Team
Tiered programs
Identity and Belonging Support
Ditto Keep Safe Adventure Program
Values Education
Music Electives
Plan Your Play
Karadi

Participating



Learners are able to have a voice with their views taken into account and are involved in decision-making that affects them and their learning.

All students at WPS deserve opportunities to be active participants in their community as well as their own lives. For this reason, WPS has a strong arts program including multiple music electives that students are able to opt into. As well as offering ICT and technology-based Plan Your Play options, WPS has class sets of iPads to support the learning of students in the Early Years, and one laptop for every two students in the Upper Years. These are used to support student learning while also teaching students to safely and responsibly use ICT.

We support students to participate in organised activities by providing a variety of lunchtime activities including helping in the garden, or one of the four to five Plan Your Play activities hosted by teachers, PCYC staff or Year 6 Wellbeing Leaders. The Year 6 Wellbeing Leaders also run one house competition activity per term. Year 5/6 students also have the opportunity to participate in Interschool Netball or AFL. This competition, with a focus on fun and skill building, has given many students the confidence to join teams in after-school competitions.

As we recognise the importance of engaging parents as partners in learning, WPS provides many channels of communication (see WPS's Communication Strategy). The school's Mother's Day and Father's Day Breakfasts, hosted in partnership with Rotary, enable students to feel they are active and connected members of our community.

1:2 laptop program
Student Wellbeing Leaders
Rotary Breakfasts (community partnership)
Learning in Families Together
Plan Your Play
5/6 Interschool (Netball & AFL)
Art and Music Specialist Lessons
Music Electives
Think You Know Program